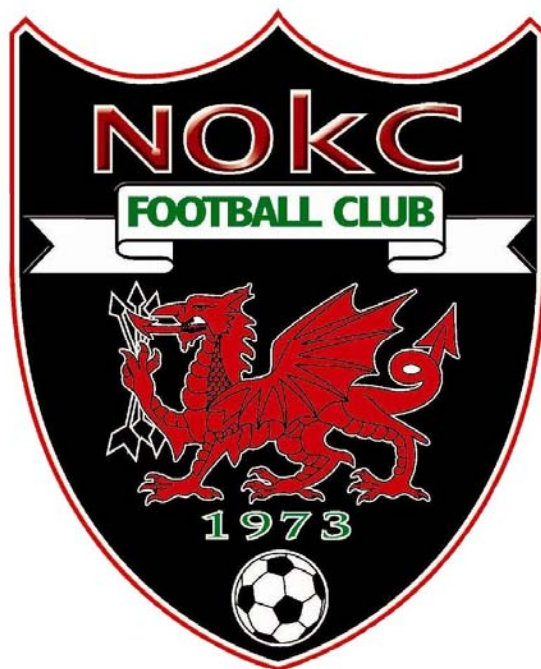


North OKC Soccer Club

Coach Information



NOKC appreciates your volunteer service as a coach and strives to make your job as easy as possible. This booklet will outline the procedures for you to follow as a coach. Please call your coordinator with any questions.

NOKC Coach Code of Conduct

Only coaches who have completed an online OSA background check are allowed to coach. You are also responsible for signing a code of conduct and turn in to the club. The basic rules are below:

- o Acknowledge that the purpose of youth soccer is to provide a fun, yet competitive learning environment, which allows all participants to understand the value of soccer and playing team sports. This includes teamwork, cooperation and sportsmanship in addition to the basic skills of the game.
- o Treat all players from all teams in a positive and supportive manner and conduct myself in a controlled way at all times.
- o Do not physically or verbally abuse or threaten any person, including players, referees, other coaches, parents or club representatives.
- o Respect the authority of the game officials. I will not harass or abuse or berate any referee during or after the game. I will not enter the field of play without the referee's permission. I understand that if I have questions, comments or opinions about the referees, the **ONLY** way to address those is with the NOKC referee coordinator or other NOKC club representatives.
- o Be responsible for the sportsmanship of your players. If one of your players is disrespectful, irresponsible or overly aggressive, remove the player until such time as you believe is appropriate for the player to re-enter the game.
- o Understand that you are responsible for your sideline. Ensure that any persons on your sideline will act in an appropriate manner towards the players and game officials. If any persons will not conform to these guidelines, ask them to leave. If necessary, get a club official to assist with the removal.
- o Understand that the NOKC Board may suspend you as a coach for one or more games, if in NOKC's discretion; you violate any of these basic youth sports rules.
- o Truthfully complete and submit to NOKC the Oklahoma Soccer Association your Volunteer Disclosure Statement.

It is so important to remember for yourself as well as stress to your parents that this is a game for the kids – not you. They are the players - you are the fans, supporters, and leaders. Your behavior sets an example for all as well as represents NOKC Soccer Club. Please act appropriately!

NOKC Soccer Club Field Rules

- o NOKC is a **TOBACCO FREE** property!!!
- o Please pick up all trash – we have several trash cans around each field for your use. This helps keep our field maintenance and your costs down.
- o NO pets allowed.
- o NO speed training or agility on the field or playing surface (please use the surrounding areas)
- o Do not practice in the goal boxes!! (they get a lot of wear and tear and we are trying to keep grass growing in them for safety, please use cones or pop up goals instead for practices)
- o Do not allow anyone to play in the sprinkler water – this is gray water from the water treatment plant and is used for watering the fields only – it is not drinkable.
- o Do not allow any children (players or siblings) to hang on the goals.
- o **PLEASE DRIVE SLOW IN THE COMPLEX!!!** Balls go across the roads and small children try to run after them!!!
- o Field hotline: 751-7368 website www.nokcsoccer.com - you may check either of these for field status.
- o **OBEY THE LIGHTNING DETECTOR!!!!!!** When lightning is within a certain range, the detector will alarm and the light on top of the club house will start blinking. This means – CLEAR THE FIELDS!!! EVERY PERSON MUST GO GET INSIDE THEIR CARS!! Wait for the all clear before going back onto the field. An all clear will give 3 alarms and at that point you can go back onto the field. The detector leaves any guessing out of your hands. NO ONE is to be on the fields if the light on top of the clubhouse is blinking.

Thank you for following our club rules.

NOKC Referee and Reschedule Policy

Referee Policy:

Our referee coordinator will oversee the youth and adult referees that are available. He will do his best to assign the best quality referee for your game, also knowing that the referee does the best possible job they can. Our referees have a difficult job! Please show them your support and have patience! Even you make mistakes!

Coaches are responsible for the conduct of everyone on their side of the field, including spectators. You will be called on to control your sideline.

If you feel a referee did a good job calling your game – PLEASE LET HIM/HER KNOW!

If you feel a referee did a poor job – PLEASE LET THE REFEREE COORDINATOR KNOW! Abuse of officials will not be tolerated! Please simply send an email or give the coordinator a call! He will listen to your point of view and investigate the issue and evaluate it as well as consider repeatedly reported officials.

Referee Coordinator: Brett Dobie 323-8705 (C) referee@nokcsoccer.com

If you are interested, or know somebody who would be interested in becoming a referee there are courses offered several times a year. You can check on our website for classes or the following website for a more extensive listing under the referee tab: www.oksoccer.com

There are several courses offered across the state and at all different levels and upgrades/recertification.

Our referees are all ages from adult to youth. The youth are just getting started – let's not discourage them from taking this journey as they may turn into great adult referees!! In present day, with so much abuse from coaches and parents, referees are starting to be hard to find! You can make a difference! We will place the appropriate age youth referee on the younger age teams and the more experienced referee on the older teams. It's as simple as that. The younger players are learning – so are our younger referees.

Reschedule Policy:

After notifying the opposing coach, (this must be done first!!) you must notify the referee coordinator at least seven days prior to the rescheduled match with each of the two official notification methods listed here to avoid any penalties:

- o Submission of the Internet Notification Form
- o Emailing the request and details to referee@nokcsoccer.com
(details include: original game information, and the new date and time for the requested rescheduled game)

Requests are not official until you receive confirmation via email that the rescheduled game can be accommodated.

It is recommended that you copy the opposing coach and the referee coordinator on all emails to make sure there is no confusion on a rescheduled game! That way every party involved knows exactly what is taking place and where the request stands at any given point in time.

If you have notified the opposing coach, but failed to notify the referee coordinator, and the referee assigned to your game shows up to officiate the original game – YOU WILL BE RESPONSIBLE FOR PAYING THE REFEREE FEES ON THE RESCHEDULED GAME IN CASH PRIOR TO THE START OF THE RESCHEDULED GAME. The referee will be paid for his time for the original game since there was no notification of a cancellation.

Cancellations made less than 24 hrs before match should be directed to (405)323-8705.

If a whole day of games is cancelled due to the weather and the fields are officially closed by the club – the club will reschedule those games for you. Typically, they get moved to the end of the season.

The club rain-out number is 751-7368

Please call this number before you call your coordinator or the opposing coach.

Team Concession Duty

We ask that each team provide two folks for 1 ½ hour to help in our concession stand. This is a fund raiser for the club and helps us maintain the fields and provide your kids with a great place to play soccer. We do have a couple of folks who are responsible for opening, set-up, clean up, and closing/lock up. They also make sure that everything is stocked for the weekend and keep the machines running for us during game times.

When game schedules are released we post a volunteer schedule for the concession stand. It is typically on the bottom of your schedule for your age bracket. We never ask you to work during your game time and try to do our best to schedule your time either prior to or immediately after one of your games. Since you are already a volunteer as a coach, we think it's great if you could get some of your parents involved for this task. Most of the time one of them will step up to help you and the club out! You just need to make sure to get the info out to them early and be persistent that you need someone to help you with this.

We will send a reminder of your assigned time via email at the first of the week before your shift. We ask that you PLEASE communicate with us whether you can cover your shift or not. We understand that you might participate in a tournament or need to reschedule your game that day so getting a volunteer to the fields might be difficult. Simply either switch with another team by looking at the schedule and picking a team to contact or please notify us so we can do our best to fill your spot. It helps a lot to have extra hands so we really need to get this covered.

If you cannot work your shift, or get your shift covered, we ask that you provide the club with a \$50 team donation so that we can get some other help. If you simply do not want to work, or even try to get another parent to cover, you can give a \$50 team donation in that case too. Our club totally functions by volunteers. We realize how important your time is (we are volunteers too) and we just want to make sure that every parent and player has a good experience with soccer at NOKC. Please drop your check by the concession stand made to NOKC Soccer to the man at the counter with your team name on the memo so you get credit for your shift. Please do this at some point during the weekend of your assigned shift. Also, sign your name next to your team name for your shift that weekend .

Due to club policy and protection of the kids – Nobody under the age of 13 is allowed to work in or be behind the counter of the concession stand. We appreciate your understanding and respect of this rule. We have several hot machines and lots of accidents that can happen and ask this only for the safety of the kids. It is in no way meant to be for any other reason other than that.

NOKC Coordinators

U6 - Carrie Schibbelhute: 405-823-8505 sparkle3030@gmail.com

U8 - Brook Plank: 405-570-3353 ab2020@cox.net

U10 - Sam Warden: 405-850-8181 samjayhawk@cox.net

Traveling Recreational - Sam Warden: 405-850-8181 samjayhawk@cox.net

Academy - Andi Phillips: 405-706-6047 andiphillips@ymail.com

Stephen Phillips: 405-245-8741 Unitedfc2001@hotmail.com

Competitive – Brian Gordon: 405-818-1411 gordon-brian@sbcglobal.net

Volunteer/Concessions – Tiffany Dennis: 405-706-5960 ken-tiffdennis@sbcglobal.net

Referee – Brett Dobie – 405-323-8705 referee@nokcsoccer.com

Additional information: www.nokcsoccer.com

Click on the “Club” tab at the top of the website for other board members.

The club rain-out number is 751-7368

Please call this number before you call the coordinator or the opposing coach.

Team names are up to you as the coach or vote as a group. The club does not assign you a team name. Be creative!!

Uniforms are up to each team as far as color, brand, etc. A great place to go is Soccer USA on May Ave. or there are plenty of ways to get them online. You are allowed to use the NOKC logo on your jersey through Soccer USA. Have fun with them!! Show us your style! Try to be budget conscious for all your players – you are responsible for getting the sizes from your players and doing the ordering unless you have a willing parent to help you out!

U6 Information

o TEAMS MUST BE ON SEPARATE SIDELINES.

- o Home team must be on the north or west side of the field.
- o Only one coach is permitted on the field from each team. Please do not let parents interfere with play.
- o All games are 3 V 3 with no goalies.
- o Each game has 4-12 minute quarters with 2-minute breaks between quarters and a 5-minute half time.
- o Games may be rescheduled only by agreement of the coaches. Do not stand up another team. Please have the courtesy to give the other coach advance notice of a reschedule. Do not assume the game is cancelled even in bad weather unless 1) the coordinator calls you 2) you called the rainout number 3) you have spoken to the opposing coach.
- o Reschedules are best handled by being scheduled on one of the team's practice nights on their assigned fields. This should be agreed upon by both coaches.
- o There is no jewelry allowed. Casts are allowed but must be covered with a soft wrap (bubble wrap, towel or blanket).
- o We do not have referees in this division; we are counting on you as coaches to handle these guidelines for the safety of every child.
- o Shin Guards are required!
- o As you all organize your "Snackmaster schedule" please let your parents know that they have the option to buy drink tickets in our concession stand!
- o Coaches are in charge of their own sidelines; please do not allow your parents to get out of control. Please encourage your parents to say only positive things to their child and their team. Under six games should be about learning to love the game of soccer in a positive atmosphere.
- o NO Slide tackling allowed in U6
- o U6 division is a co-ed division and may have a boys team playing girls team throughout the season.
- o Size 3 soccer ball will be used in all games.
- o Uniforms are up to you. You may use the NOKC official logo on your jerseys if you so choose – or come up with your own team name and logo!
- o ONLY PLAYERS LISTED ON YOUR ROSTER ARE ALLOWED TO PLAY.
- o Every player must play 50% of the game.

U8 Information

o TEAMS MUST BE ON SEPARATE SIDELINES.

- o Home team must be on the north or west side of the field.
- o All games are 4 V 4 with no goalies.
- o Size 3 soccer ball will be used in all games.
- o Every kick, including kickoffs, is a direct kick. This means a goal may be scored on any kick without touching any other players
- o The games consist of four 12 minute quarters. There is a 1 minute break between the 1st & 2nd quarters and again between the 3rd & 4th. There will be a 5 minute break for halftime.
- o Play stops after the 1st & 3rd quarters after a normal stoppage near the 12 minute mark. After the break, play will resume at that place and point. Halftime and fulltime are called when time has expired.
- o Coaches make substitute at ANY stoppage of play (throw-in, kickoff, goal kick, corner kick, free kick) after getting the referee's attention and if the player is ready at the center line.
- o Defenders must stay within proximity of the ball. If the ball is in the attacking 1/3 of the field, the defense must move to at least the middle 1/3 of the field. Defenders cannot take a "Goalie" posture, i.e. cannot hover around the goal or goal box without the ball or an opponent or stand on the goal line. Reminders may be given during a game to coaches and players. Repeated violations will be forwarded to the Referee Assigner for further action.
- o There is no jewelry allowed. Casts are allowed but must be covered with a soft wrap (bubble wrap, towel or blanket).
- o We do provide a referee in this division.
- o As you all organize your "Snackmaster schedule" please let your parents know that they have the option to buy drink tickets in our concession stand!
- o Shin Guards are required!
- o Games may be rescheduled only by agreement of the coaches and then follow the reschedule club policy.
- o ONLY PLAYERS LISTED ON YOUR ROSTER ARE ALLOWED TO PLAY.
- o Every player must play 50% of the game.

U10 Information

- o **TEAMS MUST BE ON SEPARATE SIDELINES.**
- o Home team must be on the north or west side of the field.
- o All games are 6 V 6 including a goal keeper.
- o Off-sides rule is NOT in effect
- o Substitutions:
 - o Prior to throw-in for either team
 - o Prior to goal kick for either team
 - o Prior to a corner kick for either team
 - o Prior to a kickoff
 - o After an injury when referee has stopped play
- o All substitutions and goalkeeper changes must be made with Referee's permission
- o The games consist of two 25 minute halves
- o Size 4 ball to be provided by home team
- o Home team should have target jerseys or alternate jersey available in event of uniform conflict
- o Games may end in a tie.
- o **ONLY PLAYERS LISTED ON YOUR ROSTER ARE ALLOWED TO PLAY.**
- o Every player must play 50% of the game.

Scoring System

All U8 and U10 league games will be scored on the following criteria:

- o Each team, win, tie or loss, will be given 1 point for each goal they score, with a maximum of 3 goal points per game. Additionally, points will be awarded based on the results of each game.
- o If a team ties a game, they will be awarded 3 more points. If a team wins a game, they will be awarded 6 more points.

Here are some examples of the scoring:

Team A wins 9-0. Team A gets 9 points(6 for win, 3 for goals), Team B gets 0 points.

Team A ties Team B 0-0. Team A gets 3 points, team B get 3 points. (3 for a tie, 0 for goals)

Team A wins 2-1. Team A gets 8 points(6 for win, 2 for goals), Team B gets 1 point(1 for goals).

Team A ties Team B 3-3. Team A gets 6 points, team B get 6 points. (3 for a tie, 3 for goals)

Here are the League Tiebreaker Rules:

The record against tied teams will be used to rank the tied teams.

The total number of goals against will be the next tiebreaker (max 3 per game). Goal differential (max +/- 3) is the next tiebreaker.

The next tiebreaker will total goals scored (max 3 per game).

If teams are still tied, they will be considered tied. If awards are due, they will be duplicated for each team involved.

THESE RULES ONLY APPLY TO NON-EXHIBITION GAMES!!!!

Traveling Recreational Information

U12-U19

Since NOKC does not have enough boys / girls teams in these age bracket to facilitate a league in-house, we register your team into a metro area league called "Frontier Country". This is still a recreational league but requires you to travel for half of your games to other surrounding soccer clubs in the Oklahoma City area. You also play half of your games at NOKC as your "home" games.

League schedules, scores and standings are maintained by frontier country as the coach of the team will report game scores directly to them.

Teams will be responsible for having two jersey options in case of color conflict. A size 4 ball will be used for U12 and then starting in U13 you move to a size 5 ball for play.

Additional information can be found at: www.okfcsoccer.com or call 405-946-2228

NOKC Academy Information

Academy Age Groups (if Birthday falls within)

U7 08/01/2004 - 07/31/2005

U8 08/01/2003 - 07/31/2004

U9 08/01/2002 - 07/31/2003

U10 08/01/2001 - 07/31/2002

Why Academy?

The Academy is staffed by coaches that are on staff at the NOKC Soccer club. Many of these coaches have played at a high level and have attended education courses geared towards soccer coaches. All coaches in the Academy have a minimum of a national D license and many have attained their National Youth License as well. This will ensure that kids in the Academy will be taught the necessary skills for playing the game and create good habits that will benefit your child as a player regardless of what level he or she decides to play from recreational to competitive. Kids will also get to play in games with kids of equal ability against kids of equal ability resulting in fewer lopsided games and better level of competition.

Is Academy competitive?

Teams train 2 days per week and play a games on weekends, much like any other recreational teams. They keep no standings and remove the pressure to win from the coaches. This allows coaches to focus on development. Any child of any level of ability can participate in the Academy.

How are teams formed?

Teams will be formed based on ability. Players may move from one team to the next based on their progress. This evaluation and movement will be up to the coach's discretion working in that age group. We will be evaluating players throughout the season as we sort them into training groups and teams.

Formation of Training Groups/Teams:

Academy forms training groups of no more than 16 players per group. Most teams will have 10-12 players per team and will play 8 v 8 in the regular season.

Cost:

Training fees are \$50 per month that are payable to the coach of the team you are placed with. A manager may collect the fees for each individual team and get it to the coach after all fees have been collected. A cost analysis sheet for tournament travel can be provided from the coordinator if you are interested. Teams are responsible for coach's expenses for out of state tournaments which include mileage, meal money and hotels. For in state tournaments no fee needs to be paid.

Academy has a club required uniform and practice t-shirts. Each player will be responsible for purchasing a kit. Sign-ups are online @ www.nokcsoccer.com under the academy tab.