

NOKC SOCCER CLUB  
U8 RULES  
08/14/2009

1. All games are 4 V 4 with no goalies.
2. Size 3 soccer ball will be used in all games.
3. Every kick, including kickoffs, is a direct kick. This means a goal may be scored on any kick without touching any other players.
4. The games consist of four 12 minute quarters. There is a 1 minute break between the 1<sup>st</sup> & 2<sup>nd</sup> quarters and again between the 3<sup>rd</sup> & 4<sup>th</sup> quarters. There will be a 5 minute break for halftime.
5. Play stops after the 1<sup>st</sup> & 3<sup>rd</sup> quarters after a normal stoppage near the 12 minute mark. After the break, play will resume at that place and point. Halftime and fulltime are called when time has expired.
6. Coaches make substitute at ANY stoppage of play (throw-in, kickoff, goal kick, corner kick, free kick) after getting the referee's attention and if the player is ready at the center line.
7. Defenders must stay within proximity of the ball. If the ball is in the attacking 1/3 of the field, the defense must move to at least the middle 1/3 of the field. Defenders cannot take a "Goalie" posture, i.e. cannot hover around the goal or goal box without the ball or an opponent or stand on the goal line. Reminders may be given during a game to coaches and players. Repeated violations will be forwarded to the Referee Assigner for further action.